



The MetroHealth System Presents:

The Department of Family Medicine CME

Family Medicine Leading the Future: Embracing Technology and Whole-Person Health

Friday, May 8, 2026 & Saturday, May 9, 2026

COURSE SCHEDULE

This conference is designed for primary care clinicians who deliver whole-person health. Through short, focused sessions led by experts from multiple disciplines—including Behavioral Health, Cardiology, Dermatology, Family Medicine, and Rheumatology, participants will gain up-to-date, practical knowledge across a broad range of primary care topics. The program will also explore how artificial intelligence can be leveraged to enhance care delivery, improve efficiency, and optimize patient outcomes across diverse clinical settings.

Friday, May 8, 2026 – Day 1 Lectures

7 CME AMA Category 1 Credit(s)™

8:00 AM	Registration
8:30 AM	Welcome
8:35 AM	Early Intervention Matters: Periconceptional Care in Practice Dr. Lisa Kim
9:05 AM	Adult ADHD: Diagnosis and Management Dr. Joseph Daprano
9:35 AM	Current Medication Updates in CKD Care Dr. Georges Saab
10:05 AM	BREAK / VENDOR VISIT
10:20 AM	Pediatric Substance Use Disorder Dr. Kate Kelley
10:50 AM	Common Skin Neoplasms with Dermoscopy Pearls Dr. David Crowe

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MetroHealth System designates this educational activity for a maximum of 10.00 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

11:20 AM	Perimenopause: Translating Evidence into Everyday Care Dr. Kristen Haase
11:50 AM	LUNCH / VENDOR VISIT
12:35 PM	Understanding Clinical Practice Guidelines: A Closer Look at Asthma Guidelines Dr. Colin Crowe
1:05 PM	Autism: Diagnosis and Treatment Dr. Sonal Moratschek Dr. Kimberly Bodner Dr. Raquel Rapkin
1:35 PM	Systolic vs. Diastolic Hypertension: Understanding the Differences and Clinical Implications Dr. Ashish Aneja
2:05 PM	Artificial Intelligence in Primary Care and Medical Education Dr. Brent Sugimoto
3:05 PM	BREAK / VENDOR VISIT
3:20 PM	New Treat to Target Osteoporosis Guidelines: A Case-Based Presentation Dr. Maria Antonelli
4:00 PM	Emerging Technologies in T2DM: From Insulin Optimization to Automated Delivery Dr. Daniela Pirela Araque
4:40 PM	Whole-Person Health: Family Medicine Research Perspective Dr. Sonal Patil
5:10PM	Adjourn

Times and order are subject to change

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- 8:35 AM** **WORKSHOP**
Cognitive Behavioral Therapy Principles Relevant to Clinical Practice
Dr. Eric Berko
- Communication Skills in Clinical Practice**
Dr. Aphrodite Papadakis
- 10:00 AM** **BREAK / VENDOR VISIT**
- 10:15 AM** **Advanced Care Planning**
Dr. Beth McLaughlin
- 10:45 AM** **Dementia Screening and Management**
Dr. Lorella Luezas-Shamakian
- 11:15 AM** **PANEL DISCUSSION**
Transition from Hospital to Home for Elderly
Dr. Beth McLaughlin
Dr. Lorella Luezas-Shamakian
Dr. Alisa Loo

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